Treatment Providers in the Community
The Counseling Center
Hobart and William Smith Colleges

The following therapists have expressed an interest in working with HWS students. The Counseling Center does not endorse or recommend a specific mental health service provider. This list is simply for your convenience and is not intended to be a complete list of all mental health providers in the area. Providers are listed alphabetically.

Maria Alessio, LCSW-R
- **Credentials:** NY Licensed Social Worker #076765-1; Masters in Social Work
- **Office Address & Phone:** 12 N Park St, Seneca Falls, NY 13148; Phone 315-257-0036
- **Therapy Approach:** Strength based; explore life experiences to understand self and make changes.
- **Areas of Interest or Expertise:** Varied, with particular interest in self-esteem, impact of family dynamics, relationships and anxiety.
- **Insurance Information:** Accepts most insurances. Fee is $50/hr. and sliding scale fees are available if necessary (arranged on a case-by-case basis).

Katheryn Heaton, LCSW
- **Credentials:** NY Licensed Social Clinical Worker 084829-1
- **Office Address & Phone:** 751 Pre Emption Road Suite 2, Geneva, NY 14456; 215-779-9138; kheatonlcsw@gmail.com
- **Therapy Approach:** Structured to meet needs of the client, DBT, CBT.
- **Areas of Interest or Expertise:** Depression, anxiety, trauma, family dynamics, LGBTQ.
- **Insurance Information:** Do not accept insurance, sliding scale based on family's income.
- **Additional Info:** Evening hours available.

Mark Hedgepeth, LCSW-R
- **Credentials:** NY Licensed Social Worker #R0401701; Masters in Social Work
- **Office Address & Phone:** 409 South Main Street, Geneva; Phone: 315-789-8291
- **Therapy Approach:** Multiple approaches—tailored to client/patient.
- **Areas of Interest/Expertise:** Depression, personality disorders, anxiety, abuse recovery, PTSD.
- **Insurance Information:** Works with most area insurance companies and HMOs (including the student health insurance through BC/BS). Sliding fee scale—arranged on a case by case basis.
- **Additional Information:** Within walking distance of HWS. Only sees students on Wednesday.

John Eichenberger, LMHC, CASAC
*Hope And Help Counseling*
- **Credentials:** NY Licensed Mental Health Counselor 006328; Credentialed Alcohol and Substance Abuse Counselor #17971
- **Office Address & Phone:** 324 W. North St., Ste. 4, Geneva; Phone: 315-879-3289; Alternative Number: 585-425-2840, x4; email: johntherapy@gmail.com
- **Days Available:** Tuesday, Wednesday, Saturday
- **Therapy Approach:** Multiple approaches—tailored to client/patient.
- **Areas of Interest/Expertise:** Depression, personality disorders, anxiety, abuse recovery, PTSD.
- **Insurance Information:** Does not accept insurance. However, potential clients may submit “out-of-network.” John Eichenberger will provide documentation as requested by insurers in support of such claims. Sliding fee scale – arranged on a case by case basis.
- **Additional Information:** Within walking distance of HWS.
Margaret P. Kennedy, Psy.D.

- **Credentials:** NY Licensed Psychologist #010038; Doctorate in Professional Psychology
- **Office address & contact info:** 324 W. North St., Ste. 4, Geneva; Phone: 315-781-6617
- **Therapy approach:** Cognitive-behavior therapy, family systems, eclectic.
- **Areas of interest or expertise:** Specializes in children and adolescents from ages 3-21; works with a wide range of difficulties including anxiety, depression, ADHD, anger management, family and relationship issues, disordered eating, and learning problems.
- **Insurance Info:** Accepts most insurances/all major insurances.
- **Additional Info:** Certified School Psychologist – will do LD assessments. Conversational in Spanish.

Jaime Lamanna, LMHC

- **Credentials:** NY Licensed Mental Health Counselor # 004315
- **Office address & contact info:** 12 N. Park Street, Seneca Falls, NY 13148
- **Therapy approach:** Psychoeducational, cognitive-behavioral, relational, strength-based and more.
- **Insurance Info:** Accepts United Behavioral Health, Valueoptions, MVP, Pomco, Fidelis, Aetna, EAP, Tricare; out-of-pocket rates range from $65-$85/per session.

Rick Locey, LCSW-R

- **Credentials:** NY Licensed Social Clinical Worker 084829-1
- **Office Address & Phone:** 324 W. North St., Suite 4; Geneva; Phone: 585-729-8893
- **rick@ricklocey.com; www.ricklocey.com**
- **Therapy Approach:** Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Insight-Oriented, Psychoeducational, eclectic
- **Areas of Interest or Expertise:** Depression, Anxiety, PTSD, Cutting & Other Self-Harm Behaviors, Quality of Life Interfering Behaviors (e.g., school/employment concerns; impulsivity and risk-taking; binge eating and bulimia; interpersonal conflicts; high emotional reactivity), LGBTQ concerns, self-esteem issues and motivation
- **Insurance Information:** All major health plans including: Aetna, Beacon, BC/BS, Excellus, Fidelis, MVP, United Healthcare and ValueOption.
- **Additional Info:** CATS bus accessible*

Susan McGowan, LCSW-R

- **Credentials:** NY Licensed Clinical Social Worker
- **Office Address & Phone:** 324 W. North St.; Geneva; Phone: 315-945-2499
- **Therapy Approach:** Eclectic with CBT, DBT, trauma experience
- **Insurance Information:** Excellus/Blue Cross/Blue Shield
Kathleen Pullano, LCSW-R

- **Credentials:** NY Licensed Social Worker #R055295; Masters in Social Work
- **Office address & contact info:** 324 W. North St.; Geneva; Phone: 315-759-0655
- **Therapy approach:** Psychoeducational, cognitive-behavioral, dialectical behavioral and brief therapy models, however is flexible about using whatever method is most beneficial.
- **Areas of interest or expertise:** Anxiety, depression, Bipolar Disorder, adult and adolescent developmental issues, relationship issues, eating disorders, sexual abuse and trauma, grief, etc.
- **Insurance Info:** Accepts most insurance for payment and the fee is generally fully covered by a combination of primary (i.e., parents’) and secondary (school’s policy) insurance.

Brook Slaby, LMHC

- **Credentials:** NY Licensed Mental Health Counselor
- **Office address & contact info:** 5297 Parkside Dr, Building 300, Office 412. Canandaigua, NY 14424. Phone: 585-362-7241
- **Therapy approach:** Animal Assisted Therapy, Client Centered Therapy, Cognitive Behavioral Therapy, Biofeedback
- **Areas of interest or expertise:** Depression, personality disorders, anxiety, abuse recovery, PTSD, autism
- **Insurance Info:** Insurance not accepted.

Kelly Smith Mirisoloff, LCSW-R

- **Credentials:** NY Licensed Social Worker #054827-1; Masters in Social Work
- **Office address & contact info:** 216 Hamilton Street (5 & 20) Geneva; Phone: 315-730-5306
- **Therapy approach:** Eclectic approach depending upon client needs.
- **Areas of interest or expertise:** Experienced in working with but not limited to: trauma, depression, anxiety, anger, self-esteem, LGBT issues, relationship issues, and adjustment issues.
- **Insurance Info:** Most insurance accepted.
- **Additional Info:** Within walking distance of HWS. Located at Caldwell Banker Building.

Local Counseling Agencies:

**Ontario County Mental Health**

- Phone: 585-396-4363
- Referral not needed; client may call to schedule, but will need: Name, contact information, insurance information, etc.
- May be seen only once per week.

**Family Counseling Service of the FL**

- Phone: 315-789-2613
- Do not accept insurances. Fee based on income, starting at $20 and up.
- Referral can be made, but not necessary; client can call directly to schedule.
- Number of sessions limited only to counselor’s availability.
**Psychiatrists:**

Janet Lewis, M.D.

- **Credentials:** General Psychiatrist, NY License #199313; Board certified physician
- **Office address & phone:** 108 Kimball Avenue, Penn Yan, NY 14527; Phone: 315-536-6050
- **Area of Interest or Expertise:** Depression, anxiety, bipolar disorder, post-traumatic stress, psychiatric medication management. Humanistic, psychodynamic, supportive therapy approach.
- **Insurance Info:** Some insurances will reimburse fees.

**Dieticians:**

Deb Iovoli, MS, RD, CSSD, LDN

- **Credentials:** MS in Exercise Science, Registered Dietitian/Nutritionist, Certified Specialist in Sports Dietetics, Certified Dietitian/Nutritionist in the State of New York and South Carolina.
- **Office address & phone:** [www.endurance-nutrition.com](http://www.endurance-nutrition.com); 919.703.7354; djiovoli@aol.com
- **Area of Interest or Expertise:** Sports Nutrition, Weight Management, Eating Disorders (worked several years at a residential eating disorder facility until it recently closed)
- **Insurance Info:** Self-pay at present but will offer discount to college students
- **Additional Info:** Will meet students via skype or telephone