

Treatment Providers in the Community
The Counseling Center
Hobart and William Smith Colleges

The following therapists have expressed an interest in working with HWS students. The Counseling Center does not endorse or recommend a specific mental health service provider. This list is simply for your convenience and is not intended to be a complete list of all mental health providers in the area. Providers are listed alphabetically.

Maria Gigliotti, LCSW-R

- **Credentials:** NY Licensed Social Worker #076765-1; Masters in Social Work
- **Office Address & Phone:** 12 N Park St, Seneca Falls, NY 13148; Phone 315-257-0036
- **Therapy Approach:** Strength based; explore life experiences to understand self and make changes.
- **Areas of Interest or Expertise:** Varied, with particular interest in self-esteem, impact of family dynamics, relationships and anxiety.
- **Insurance Information:** Accepts most insurances. Fee is \$50/hr. and sliding scale fees are available if necessary (arranged on a case-by-case basis).

Katheryn L'Heureux, LCSW

- **Credentials:** NY Licensed Social Clinical Worker 084829-1
- **Office Address & Phone:** 751 Pre Emption Road Suite 2, Geneva, NY 14456; 215-779-9138; kheatonlcsw@gmail.com
- **Therapy Approach:** Structured to meet needs of the client, DBT, CBT.
- **Areas of Interest or Expertise:** Depression, anxiety, trauma, family dynamics, LGBTQ.
- **Insurance Information:** Does not accept insurance, sliding scale based on family's income.
- **Additional Info:** Evening hours available.

Mark Hedgepeth, LCSW-R

- **Credentials:** NY Licensed Social Worker #R0401701; Masters in Social Work
- **Office Address & Phone:** 409 South Main Street, Geneva; Phone: 315-789-8291
- **Therapy Approach:** Multiple approaches—tailored to client/patient.
- **Areas of Interest/Expertise:** Depression, personality disorders, anxiety, abuse recovery, PTSD.
- **Insurance Information:** Works with most area insurance companies and HMOs (including the student health insurance through BC/BS). Sliding fee scale—arranged on a case by case basis.
- **Additional Information:** Within walking distance of HWS. Only sees students on Wednesday.

John Eichenberger, LMHC, CASAC

Hope And Help Counseling

- **Credentials:** NY Licensed Mental Health Counselor 006328; Credentialed Alcohol and Substance Abuse Counselor #17971
- **Office Address & Phone:** 324 W. North St., Ste. 4, Geneva; Phone: 315-879-3289; Alternative Number: 585-425-2840, x4; email: johnetherapy@gmail.com
- **Days Available:** Tuesday, Wednesday, Saturday
- **Therapy Approach:** Multiple approaches—tailored to client/patient.
- **Areas of Interest/Expertise:** Depression, personality disorders, anxiety, abuse recovery, PTSD.

- **Insurance Information:** Does not accept insurance. However, potential clients may submit “out-of-network.” John Eichenberger will provide documentation as requested by insurers in support of such claims. Sliding fee scale – arranged on a case by case basis.
- **Additional Information:** Within walking distance of HWS.

Margaret P. Kennedy, Psy.D.

- **Credentials:** NY Licensed Psychologist #010038; Doctorate in Professional Psychology
- **Office address & contact info:** 324 W. North St., Ste. 4, Geneva; Phone: 315-781-6617
- **Therapy approach:** Cognitive-behavior therapy, family systems, eclectic.
- **Areas of interest or expertise:** Specializes in children and adolescents from ages 3-21; works with a wide range of difficulties including anxiety, depression, ADHD, anger management, family and relationship issues, disordered eating, and learning problems.
- **Insurance Info:** Accepts most insurances/all major insurances.
- **Additional Info:** Certified School Psychologist – will do LD assessments. Conversational in Spanish.

Jaime Lamanna, LMHC

- **Credentials:** NY Licensed Mental Health Counselor # 004315
- **Office address & contact info:** 12 N. Park Street, Seneca Falls, NY 13148
- **Therapy approach:** Psychoeducational, cognitive-behavioral, relational, strength-based and more.
- **Insurance Info:** Accepts United Behavioral Health, Valueoptions, MVP, Pomco, Fidelis, Aetna, EAP, Tricare; out-of-pocket rates range from \$65-\$85/per session.

Rick Locey, LCSW-R

- **Credentials:** NY Licensed Social Clinical Worker 084829-1
- **Office Address & Phone:** 324 W. North St., Suite 4; Geneva; Phone: 585-729-8893
- rick@ricklocey.com; www.ricklocey.com
- **Therapy Approach:** Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Insight-Oriented, Psychoeducational, eclectic
- **Areas of Interest or Expertise:** Depression, Anxiety, PTSD, Cutting & Other Self-Harm Behaviors, Quality of Life Interfering Behaviors (e.g., school/employment concerns; impulsivity and risk-taking; binge eating and bulimia; interpersonal conflicts; high emotional reactivity), LGBTQ concerns, self-esteem issues and motivation
- **Insurance Information:** All major health plans including: Aetna, Beacon, BC/BS, Excellus, Fidelis, MVP, United Healthcare and ValueOption.
- **Additional Info:** CATS bus accessible*

Susan McGowan, LCSW-R

- **Credentials:** NY Licensed Clinical Social Worker
- **Office Address & Phone:** 324 W. North St.; Geneva; Phone: 315-945-2499
- **Therapy Approach:** Eclectic with CBT, DBT, trauma experience
- **Insurance Information:** Excellus/Blue Cross/Blue Shield

Kathleen Pullano, LCSW-R

- **Credentials:** NY Licensed Social Worker #R055295; Masters in Social Work
- **Office address & contact info:** 324 W. North St.; Geneva; Phone: 315-759-0655
- **Therapy approach:** Psychoeducational, cognitive-behavioral, dialectical behavioral and brief therapy models, however is flexible about using whatever method is most beneficial.
- **Areas of interest or expertise:** Anxiety, depression, Bipolar Disorder, adult and adolescent developmental issues, relationship issues, eating disorders, sexual abuse and trauma, grief, etc.
- **Insurance Info:** Accepts most insurance for payment and the fee is generally fully covered by a combination of primary (i.e., parents') and secondary (school's policy) insurance.

Brook Slaby, LMHC

- **Credentials:** NY Licensed Mental Health Counselor
- **Office address & contact info:** 5297 Parkside Dr, Building 300, Office 412. Canandaigua, NY 14424. Phone: 585-362-7241
- **Therapy approach:** Animal Assisted Therapy, Client Centered Therapy, Cognitive Behavioral Therapy, Biofeedback
- **Areas of interest or expertise:** Depression, personality disorders, anxiety, abuse recovery, PTSD, autism
- **Insurance Info:** Insurance not accepted.

Kelly Smith Mirisloff, LCSW-R

- **Credentials:** NY Licensed Social Worker #054827-1; Masters in Social Work
- **Office address & contact info:** 216 Hamilton Street (5 & 20) Geneva; Phone: 315-730-5306
- **Therapy approach:** Eclectic approach depending upon client needs.
- **Areas of interest or expertise:** Experienced in working with but not limited to: trauma, depression, anxiety, anger, self-esteem, LGBT issues, relationship issues, and adjustment issues.
- **Insurance Info:** Most insurance accepted.
- **Additional Info:** Within walking distance of HWS. Located at Caldwell Banker Building.

Local Counseling Agencies:

Ontario County Mental Health

- Phone: 585-396-4363
- Referral not needed; client may call to schedule, but will need:
Name, contact information, insurance information, etc.
- May be seen only once per week.

Family Counseling Service of the FL

- **Office address & contact info:** 671 South Exchange St, Geneva, NY 14456, 315.789.2613
- **Services include:** General Counseling, EAP services, Domestic Violence and Advocacy Services, Bi-Lingual Services, and Case Management.
- Insurance limited. Fee based on income, starting at \$20 and up.
- Referral can be made, but not necessary; client can call directly to schedule.
- Number of sessions limited only to counselor's availability.

Finger Lakes Community Health

- **Office address & phone:** 601-B Washington Street, Geneva, NY 14456 FAX 315.781.8444
Phone: 315.781.8448
- **Areas of Interest or Expertise:** Behavioral health, counseling, and medication management services available for medical patients of FLCH. Routine Gynecological Care, Pap Smears, Birth Control Options Pregnancy Testing, Emergency Contraception, Health Education, Counseling and Referrals, STI testing and treatment, Men's health, family planning,
- **Insurance info:** Now accepting new medical and dental patients. Most Insurances accepted. Generous sliding fee scale available. Insurance enrollment services available.
- **Additional Info:** Telehealth services available Hours: Monday: 8am - 6pm Tuesday: 8am - 8pm Wednesday: 8am - 6pm Thursday: 8am - 6pm Friday: 8am - 5pm

Psychiatrists:

Deb Healy, M.D.

Private Practice, Rochester, NY

- **Credentials:** General Psychiatrist
- **Office & phone:** 900 Westfall Road, Suite D, Rochester, NY 14618; Phone: (585) 340-7279; Email: dhealymd@gmail.com
- **Area of Interest or Expertise:** College Mental Health; Depression; Anxiety; Eating Disorders
- **Insurance Info:** Aetna; other plans may be reimbursable after met deductible (Excluding MVP, Medicare and Medicaid)

Stephanie Achilles, M.D.

Clarity Behavioral Health

Manchester, NY

- **Credentials:** Board Certified Adult Psychiatrist
- **Office & phone:** 50 State St. Manchester, NY 14504; Phone: 585-289-1170; Fax 585-289-1197
www.claritybehavioralny.com Email: info@claritybehavioralny.com
- **Area of Interest or Expertise:** Students 18 yrs or older only; Treats all psychiatric disorders including: ADHD, depression, OCD, bipolar, anxiety, schizophrenia
- **Insurance Info:** Some insurances qualify for reimbursement, otherwise initial screening is \$300, and every subsequent apt. is \$150
- **Referrals:** Anyone can schedule by using the **Appointment Request** option on the website. Wednesdays only

Jessica Norton, M.D. & Kathee Cardegna, APRN

Ontario County Mental Health Center

- **Credentials:** General Psychiatrist; APRN
- **Office & phone:** 3019 County Complex Dr. Canandaigua, NY 14424 Phone: 585-396-4363
- **Area of Interest or Expertise:** depression, ADHD, bipolar, schizophrenia
- **Insurance Info:** Most major insurances
- **Referrals:** Students must first go through therapy screening process and meet with a therapist 2 – 3 times at OCMH before being referred to either prescriber

Janet Lewis, M.D.

- **Credentials:** General Psychiatrist, NY License #199313; Board certified physician

- **Office address & phone:** 108 Kimball Avenue, Penn Yan, NY 14527; Phone: 315-536-6050
- **Area of Interest or Expertise:** Depression, anxiety, bipolar disorder, post-traumatic stress, psychiatric medication management. Humanistic, psychodynamic, supportive therapy approach.
- **Insurance Info:** Some insurances will reimburse fees.

Michael Susco, M.D.

Canandaigua Lake Counseling Services

- **Credentials:** General Psychiatrist, NY License # unavailable; Board certified physician
- **Office address & phone:** 42 North Main Street, Canandaigua, NY 14424; Phone: 585-919-0014
info@canandaigualakecounselingservices.com
- **Area of Interest or Expertise:** General psychiatry; adults and children
- **Insurance Info:** Accepts most insurances
- Waiting list 3 pages, can't start calling 1st page until March 2019

John Marino, M.D.

Metamorphosis Canandaigua

- **Credentials:** General Psychiatrist, NY License # unavailable; Board certified physician
- **Office address & phone:** 3200 West St, Ste. 50, Canandaigua, NY 14424; **Public Phone:** (585) 905-0061; **Cell phone:** (315) 521-6275 info@canandaigualakecounselingservices.com
- **Area of Interest or Expertise:** bipolar, anxiety, epilepsy, ADHD, major depression
- **Insurance Info:** Most major insurances; without insurance \$250 for intake and \$150 for f/u appts

Clifton Springs Behavioral Health

- **Office address & phone** 2 Coulter Road, Clifton Springs, NY 14432; **Phone:** [315.462.9561](tel:315.462.9561)
- Student must engage in talk therapy with clinician if seeking psychiatric medication
- **Insurance Info:** Most major insurances; Financial aid programming for individuals who are unable to afford services

Christine and Joseph Chruscicki

- **Office address & phone** 141 Surry's Trail, Suite 5B, Pittsford, NY **Phone:** 585-643-1415
- **Insurance Info:** All Excellus BCBS, Aetna, Cigna, Fee for service
- **Office Hours:** M – F 8:30 – 4:40 p.m.

Rochester Psychiatry

Strong Behavioral Health

- **Office address & phone:** 585-275-3535, 777 Clinton Ave., Rochester, NY

Tele-psychiatry

Dr. Sean Murphy

- **Website and Phone:** www.murphyNP.com ; 585-484-7778
- **Insurance Info:** Does not accept insurance (Initial Eval - \$375; Rx Mgmt - \$175; Rx Mgmt and therapy - \$275; Phone consults - \$25 - \$75, 5 – 15 minutes)
- **Office Hours:** Flexible depending on client schedule

MDLIVE.com

- **Website and Phone:** www.MDLIVE.com ; 1-888-632-2738
- **Insurance Info:** Offers both counseling and psychiatry and certain insurances are accepted for counseling but not psychiatry.
- **Rates:** Counseling (\$99 w/out insurance); Psychiatry (\$259 for initial visit; \$99 thereafter)
- Will not prescribe sleeping aids, DEA controlled substances (i.e. ADHD Rx or benzodiazepines), or muscle relaxants (Valium)

Dieticians:

Deb Iovoli, MS, RD, CSSD, LDN

- **Credentials:** MS in Exercise Science, Registered Dietitian/Nutritionist, Certified Specialist in Sports Dietetics, Certified Dietitian/Nutritionist in the State of New York and South Carolina.
- **Office address & phone:** www.endurance-nutrition.com; 919.703.7354; djiovoli@aol.com
- **Area of Interest or Expertise:** Sports Nutrition, Weight Management, Eating Disorders (worked several years at a residential eating disorder facility until it recently closed)
- **Insurance Info:** Self-pay at present but will offer discount to college students
- **Additional Info:** Will meet students via skype or telephone

Reproductive Health and Trans Health

Finger Lakes Community Health

- **Office address & phone:** 601-B Washington Street, Geneva, NY 14456 FAX 315.781.8444
Phone: 315.781.8448
- **Areas of Interest or Expertise:** Routine Gynecological Care, Pap Smears, Birth Control Options Pregnancy Testing, Emergency Contraception, Health Education, Counseling and Referrals, STI testing and treatment, Men's health, family planning,
- **Insurance info:** Now accepting new medical and dental patients. Most Insurances accepted. Generous sliding fee scale available. Insurance enrollment services available.
- **Additional Info:** Telehealth services available Hours: Monday: 8am - 6pm Tuesday: 8am - 8pm Wednesday: 8am - 6pm Thursday: 8am - 6pm Friday: 8am - 5pm

Trillium Health

<https://www.trilliumhealth.org/en/>

- **Office address & phone:** 259 Monroe Ave Rochester, NY 14607 | 585-545-7200; 1-800-266-9292 Fax: 585-244-8177
- **Areas of Interest or Expertise:** Hormone Therapy, Abortion Services, Birth Control, STI testing, LGBTQ services, HIV testing and PrEP, Emergency Contraception, Pregnancy Testing and services STD treatment, testing and vaccines, clean syringe exchange
- **Insurance info:** Most birth control, annual exams, HIV testing, and STD testing will be covered for free, with no copay. With or without insurance, you can receive **all** health care, sliding scale fee
- **Additional Info:** Same day appointments for emergencies, online scheduling available. Call for appointment

Planned Parenthood of Canandaigua

- **Office address & phone:** 15 LaFayette Avenue, Canandaigua, NY 14424 Phone: 866-600-6886
Fax: 585-396-9027
- **Areas of Interest or Expertise:** Hormone Therapy, Abortion Services, Birth Control, STI testing, LGBTQ services, HIV testing, Men's Health Care, Emergency Contraception, Pregnancy Testing and services STD treatment, testing and vaccines, Women's health care
- **Insurance info:** Most birth control, annual exams, HIV testing, and STD testing will be covered for free, with no copay. With or without insurance, you can receive **all** health care, sliding scale fee, no referrals necessary, must bring photo ID and proof of income (bill, financial aid, etc.)
- **Additional Info:** Same day appointments for emergencies, online scheduling available. Hormone Therapy is available by appointment only on Friday's