



## **CPR/AED for Professional Rescuers and Health Care Providers**

### **Purpose**

The purpose of the American Red Cross CPR/AED for Professional Rescuers and Health Care Providers program is to train professional-level rescuers to respond to breathing and cardiac emergencies in adults, children and infants until more advanced medical personnel take over. This program is offered in traditional classroom or blended learning (online learning with instructor-led skill session) formats.

### **Prerequisites**

None

### **Learning Objectives**

- Identify the responsibilities and characteristics of professional rescuers.
- List the series of events that occur when the emergency medical services (EMS) system is activated.
- Understand how legal considerations affect professional rescuers.
- Recognize a life-threatening injury or illness.
- Demonstrate how to perform a primary assessment.
- Determine when it is appropriate to call for more advanced medical personnel.
- Describe instances in which a victim should be moved.
- Recognize and care for a breathing emergency.
- Demonstrate how to give ventilations using a resuscitation mask (adult/child and infant).
- Demonstrate how to use a bag-valve-mask resuscitator (BVM) with two rescuers.
- Demonstrate how to care for an obstructed airway (adult/child and infant).
- List the links of the Cardiac Chain of Survival.
- Recognize the signs and symptoms of a heart attack.
- Identify how to care for a heart attack.
- Identify special situations that may arise when performing CPR.
- Describe the role and importance of early CPR in cardiac arrest.
- Demonstrate how to perform CPR (adult/child and infant).
- Demonstrate how to perform two-rescuer CPR (adult/child and infant).
- Describe what defibrillation is and how it works.
- Describe the role and importance of early defibrillation in cardiac arrest.
- List the general steps for using an automated external defibrillator (AED).
- Identify precautions for using an AED.
- Demonstrate how to use an AED (adult, child or infant).
- Describe the differences in using an AED (adult, child and infant) when CPR is in progress.
- Decide what care to provide for breathing and cardiac emergencies.

### **Length**

Course length varies depending on format and ranges from approximately 4 hours and 35 minutes to 5 hours and 35 minutes.



## American Red Cross

### **Instructor**

Currently certified CPR/AED for Professional Rescuers and Health Care Providers, Lifeguarding and Emergency Medical Response instructors and instructor trainers

### **Certification Requirements**

Classroom (traditional classroom, instructor-led)

- Attend the entire course.
- Participate in all skill sessions and scenarios.
- Demonstrate competency in all required skills and scenarios.
- Pass the final written exam with a minimum grade of 80 percent (20 correct answers out of 25 questions).

Blended Learning (online learning and instructor-led skills session)

- Complete all lessons of the online learning session and pass the online assessment with a score of at least 80%.
- Participate in all course activities.
- Demonstrate competency in all required skills.

### **Certificate Issued and Validity Period**

- CPR/AED for Professional Rescuers and Health Care Providers: 2 years

### **Participant Products/Materials (available in e-book and print formats)**

- *American Red Cross CPR/AED for Professional Rescuers and Health Care Providers Handbook*