

Psychotherapists in the Community

The Center for Counseling and Student Wellness

Hobart and William Smith Colleges

August 2009 version

The following therapists have expressed an interest in working with HWS students, and have provided the following information. This handout is not meant to be an endorsement of the therapists listed; however, we can report that these are all New York certified or licensed mental health professionals who have good reputations in the community. In alphabetical order:

Maria Gigliotti, LCSW

- **Credentials:** NY Licensed Social Worker #076765-1; Masters in Social Work
- **Office address and phone:** 786 C Pre-Emption Rd; Geneva NY 14456; 315-789-4817
- **Psychotherapeutic approach:** Strength based; explore life experiences as a means to understanding one's self and making necessary changes.
- **Areas of interest or expertise:** varied, with particular interest in self esteem, impact of family dynamics, relationships and anxiety.
- **Information relating to fees:** Does not accept insurance at this time. Fee is \$50/hr. and sliding scale fees are available if necessary (arranged on a case-by-case basis).
- **Additional Information:** Evening and weekend appointments are available.

Emily Gilbertson, Psy.D.

- **Credentials:** NY Licensed Psychologist # 016220; Doctorate in Professional Psychology
- **Office address and phone:** 324 W. North St.; Geneva NY 14456; 315-789-4817
- **Psychotherapeutic approach:** Integrative and flexible approach incorporating cognitive-behavioral theory
- **Areas of interest or expertise:** Specializes in children and adolescents, ages preschool through 20; works with a wide range of difficulties including anxiety, eating disorders, adjustment issues, chronic illness
- **Information relating to fees:** Accepts most major insurances and others; I bill insurance companies directly. Fees: initial visit \$185, ongoing sessions \$120

Susan H. Givelber, LCSW-R

- **Credentials:** NY Licensed Social Worker #R055774; Masters in Social Work
- **Office address and phone:** 324 W. North St.; Geneva NY 14456; 315-789-1290
- **Office e-mail:** susan.givelber@flhealth.org
- **Psychotherapeutic approach:** Educational, cognitive-behavioral, and brief therapy models, but flexible about using whatever may be helpful.
- **Areas of interest or expertise:** Anxiety, depression, ADD/ADHD, adult and adolescent developmental issues, relationship issues, eating disorders, sexual abuse and trauma, grief, etc.
- **Information relating to fees:** Accepts most insurance for payment and the fee is generally fully covered by a combination of primary (i.e., parents') and secondary (school's policy) insurance.
- **Additional information:** Shares office with Dr. Margaret Kennedy (listed on reverse).

Mark Hedgepeth, LCSW-R

- **Credentials:** NY Licensed Social Worker #R0401701; Masters in Social Work
- **Office address and phone:** 58-B Milton Street, Geneva NY 14456; 315-789-8291
- **Psychotherapeutic approach:** multiple approaches—tailored to client/patient.
- **Areas of interest or expertise:** depression, personality disorders, anxiety, panic attacks, recovering from abuse, PTSD, most anything.

- **Information relating to fees:** Fee is \$90 per visit. Work with many insurance companies and some HMO's (incl. the student health insurance through BC/BS). Sliding fee scale—arranged on a case by case basis.
- **Additional information:** Mark Hedgepeth is married to Deborah Healy, HWS Physician. Within walking distance from the campus.

Margaret P. Kennedy, Psy.D.
NY Licensed Psychologist #010038

- **Credentials:** NY Licensed Psychologist #010038; Doctorate in Professional Psychology
- **Office address and phone:** 324 W. North St.; Geneva NY 14456; 315-781-6617
- **Office e-mail:** Margaret.kennedy@flhealth.org
- **Psychotherapeutic approach:** cognitive-behavior therapy, family systems, eclectic.
- **Areas of interest or expertise:** Ages: preschool through college age. In addition to all major areas of clinical practice, also do some psychological/educational evaluations.
- **Information relating to fees:** Accept all major insurances and most other ones. First session: \$190, other sessions: \$120.
- **Additional information:** Also Certified School Psychologist.

Janet Lewis, M.D.

- **Credentials:** General Psychiatrist, NY License #199313; Board certified physician
- **Office address and phone:** 108 Kimball Avenue, Penn Yan, NY 14527; 315-536-6050
- **Psychotherapeutic approach:** Humanistic, psychodynamic, supportive
- **Area of Interest or Expertise:** Depression, anxiety, bipolar disorder, post-traumatic stress, psychiatric medication, management
- **Information related to fees:** Initial session: \$210.00, following sessions: \$110.00 for psychotherapy visits; \$75.00 for medication management visits. Students will need to check with their insurance company to see if any portion of the fees will be reimbursed
- **Additional Information:** Penn Yan is about 25-30 minutes from campus

Kathleen Pullano, LCSW-R

- **Credentials:** NY Licensed Social Worker #R055295; Masters in Social Work
- **Office address and phone:** 324 W. North St.; Geneva NY 14456; 315-759-0655
- **Office e-mail:** kathleenbridget@hotmail.com
- **Psychotherapeutic approach:** Psychoeducational, cognitive-behavioral, dialectical behavioral and brief therapy models, however is flexible about using whatever method is most beneficial.
- **Areas of interest or expertise:** Anxiety, depression, Bipolar Disorder, adult and adolescent developmental issues, relationship issues, eating disorders, sexual abuse and trauma, grief, etc.
- **Information relating to fees:** Accepts most insurance for payment and the fee is generally fully covered by a combination of primary (i.e., parents') and secondary (school's policy) insurance.
- **Additional information:** Shares office with Dr. Margaret Kennedy, Dr. Emily Gilbertson, and Susan Givelber

Darlene Trytek, LCSW-R

- **Credentials:** NY Licensed Social Worker #R052609-1; Masters in Social Work
- **Office address and phone:** 59 Slosson Lane, Geneva NY; 315-781-7800
- **Psychotherapeutic approach:** cognitive-behavioral therapy, family systems, focus on strengths.
- **Area of interest or expertise:** depression, anxiety, relationship issues, sexual abuse, post traumatic stress, grief and loss, family issues, self-esteem, codependency issues, adult children of alcoholics, stress management.
- **Information related to fees:** I accept all major insurances. Fee is \$120 for initial session and \$80 for following sessions. Sliding scale fee arranged on individual basis.
- **Additional Information:** Within walking distance of campus