



Anaphylaxis and Epinephrine Auto-Injector Course Fact Sheet

Purpose

This course teaches how to recognize and respond to an anaphylaxis emergency, including administering an epinephrine auto-injector based on the widely available EpiPen®.

Prerequisites

None

Learning Objectives

- Describe anaphylaxis.
- Differentiate between a mild allergic and a severe (anaphylactic) reaction.
- Apply the Emergency Action Steps to an anaphylaxis emergency.
- Identify the steps for administering an epinephrine auto-injector.
- Describe how to store and maintain an epinephrine auto-injector.

Length

Approximately 45 minutes

Instructor

This course may be taught by currently certified instructors in the following programs:

- First Aid/CPR/AED
- CPR/AED for Professional Rescuers and Health Care Providers
- Emergency Medical Response
- Lifeguarding
- Wilderness and Remote First Aid

Certification Requirements

- Attend the entire Anaphylaxis and Epinephrine Auto-Injector classroom course
- Participate in the skill practice

Certificate Issued and Validity Period

American Red Cross certificate for Anaphylaxis and Epinephrine Auto-Injector Course: 2 years

Free EpiPen® (Epinephrine) Auto-Injector Training Device Offer

Once you have completed the American Red Cross Anaphylaxis and Epinephrine Auto-Injector course, you may take advantage of an offer for a free EpiPen® (epinephrine) Auto-Injector training device from Mylan Specialty, L.P. To request your complimentary training device, go to <https://www.epipen.com/en/resources/order-a-training-device> or call toll free (866) 367-2678 and, when prompted, provide your name, mailing address, telephone number and quantity of training devices. You can expect to receive your training device(s) within 7 to 10 business days. The American Red Cross does not provide endorsements and assumes no responsibility for the products, services or communications offered by Mylan Specialty, L.P.