Tempe Newson is the Health Promotions Administrator at Hobart and William Smith Colleges. William Smith graduate of the classes of 2011, Tempe works to provide wellness-based educational programming to HWS students through many outreach events. She provides a Health & Wellness seminar to all first-year and transfer students that discusses homesickness and adjustment to college, stress management, sleep, nutrition, healthy relationships, sexual health, alcohol, and some other drugs. In addition, Tempe is also involved with the AOD (Alcohol and Other Drugs) Office with which she provides a psychoeducational seminar that discusses general information about alcohol and other drugs, facts and myths about them, BAC levels, and prevention and reduction strategies as well as coordinating social norms initiatives, posters, monitor displays, and quizzes to students that present factoids and information about the actual norms on campus.